

Curriculum Vitae



Personal Data

First name: Saghar
Family name: Salari
Date of Birth: 18/3/1996
Place of Birth: Shiraz, Iran

Work Address

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I. Education

Years	Degree	Institution	Location
2015-2019	BSc of Nursing	Fasa University of Medical Sciences	Fasa, Iran
2019-2021	MSc of Psychiatric Nursing	Shiraz University of Medical Sciences	Shiraz, Iran

II. Professional experience

Years	Position	Institution	Location
2020-2022	Nurse	Department of Clinical Skills Center, Shiraz University of Medical Sciences	Shiraz, Iran
2022	Psychiatric Nurse	Clinic, Amir al Momenin Burn Injury Hospital	Shiraz, Iran
2022-Up to now	instructor	Shiraz University of Medical Sciences	Shiraz, Iran
2023 (Part time)	Psychiatric Nurse	MCMC	Shiraz, Iran

III. Teaching experiences

Years	Course	University	Students
2022-Up to now	Basic Nursing Skills (Practical Course)	Shiraz University of Medical Sciences	BSc
2022-Up to now	Basic Nursing Skills (Practical Course)	Shiraz University of Medical Sciences	Medicine
2022-Up to now	Basic Nursing Skills (Practical Course)	Shiraz University of Medical Sciences	International Medicine Students
2022-Up to now	Medical-Surgical Nursing Courses (Practical)	Shiraz University of Medical Sciences	BSc
2022-Up to now	Clinical Pharmacology (Practical Course)	Shiraz University of Medical Sciences	BSc
2022-Up to now	Mental Disorders (Practical Course)	Shiraz University of Medical Sciences	BSc, MSc
2023-Up to now	Theory lessons of Basic Nursing Skills	Shiraz University of Medical Sciences	BSc
2023-Up to now	Theory lessons of Leadership and Nursing Care Management	Shiraz University of Medical Sciences	BSc
2025- Up to now	General Psychology, Foundations of Psychiatric Nursing, Psychotic Disorders and Their Management, Principles and Concepts of Mental Health, Therapeutic Communication, Nursing Interventions in Mental Health Crises, and Counseling Skills	Shiraz University of Medical Sciences	BSc

IV. Honors and Awards

1. Top Rating in BSc nursing: Fasa University of Medical Sciences (2019)
2. Top Rating in MSc nursing: Shiraz University of Medical Sciences (2021)
3. Responsible for establishing a Psychiatric Nursing Center at Amir al-Momenin Burn Injury Hospital Clinic (2022)
4. Obtained Cognitive Schemas Certifications from Iran Psychology Organization (2020- 2022)
5. Participation in Medical Education Fellowship Program (2024)
6. Obtained Basic and Advanced Hypnosis Certifications under the supervision of the Iranian Clinical Hypnosis Association (2024-2025)
7. Serving as a Peer Reviewer for BMS Journal (2024–Present)

V. Membership

Member of Nursing Organization of Iran

Active Member, Iranian Clinical Hypnosis Association (2025)

VI. Publications:

A. Dissertations

Investigation of the Mediating Role of Cognitive Schemas in the Relationship between Parenting Styles and Chronic Pain in Adolescents Aged 12 to 21 Years Old in Shiraz in 2020

B. Articles

Poster Presentation entitled: "Deep Learning based Electroencephalography Signals in Detection of Alcoholism" at the 2th International Congress of AI in Medical Sciences, Iran (2025)

Poster Presentation entitled: "Detection of Suicidal Ideation Using Machine Learning, Deep Learning, and Natural Language Processing" at the 10th International Congress on Health in Accidents and Disasters, Iran (November 23–25, 2024)

Poster Presentation entitled: “Exploring the Efficacy of Music Therapy in Alzheimer's Disease” in the 2nd International Healthy Aging Congress held by Aging Research Institute, TUOMS on 14-15 May, 2024 _ Tabriz, Iran.

Poster Presentation entitled: “The Effect of Reflexology on Pain, Sleep Quality and Constipation Status of Elderly People” in the 2nd International Healthy Aging Congress held by Aging Research Institute, TUOMS on 14-15 May, 2024 _ Tabriz, Iran.

Poster Presentation entitled: “Deep Learning- based Electrocardiogram in Diagnosis of Myocardial Infarction” in the 15th Middle East Cardiovascular Congress and 8th Congress of Clinical Cases in Complex Cardiovascular Therapeutics held on 24-26 January, 2024 _ Shiraz, Iran

Poster Presentation entitled: “Metacognitive Therapy on Mental Health in Patients with Coronary Heart Disease” in the 15th Middle East Cardiovascular Congress and 8th Congress of Clinical Cases in Complex Cardiovascular Therapeutics held on 24-26 January, 2024 _ Shiraz, Iran.

Salari S, Shaygan M, Setoodeh G, Ghaemmaghani P. The Predictive Role of Maladaptive Schemas in Chronic Pain of Adolescents. *Journal of Pediatrics Review*. 2024 Jul 10;12(3):283-94.

Shaygan M, Salari S, Jaber A, Shaygan S. Gender Differences in Suicidal Ideation during the COVID-19 Pandemic among Iranian Adolescents and its Contributing Factors. *Child & Family Behavior Therapy*. 2024 Jul 2;46(3):255-71.

Salari S, Shaygan M, Setoodeh G. The mediating role of maladaptive cognitive schemas regarding the relationship between parenting styles and chronic pain in adolescents: a structural equation modelling approach. *Child and Adolescent Psychiatry and Mental Health*. 2022 Dec;16(1):1-5.

Hosseini F, Jaberi A, Shaygan S, Salari S, Shaygan M. The mediating role of cognitive schemas in the relationship between parenting styles and suicidal ideation in adolescents: a structural equation modelling approach. *The Lancet Child & Adolescent Health*. 2024 Jul.

Upcoming Book; Salari S, Mohammadi A. New communication skills in adolescence, Booklet (Persian).

"This book is about adolescents' relationships with their peers, acquaintances, parents, and other influential factors affecting these types of relationships. Additionally, the book includes interviews with several adolescents."

Under Review for Publication: Zaher H, Salari S, Bazrafkan L. Explaining Needs based on the Experiences of Nurses in Teaching Hospitals during the Outbreak of Covid-19 Disease: Qualitative Study. *Nursing Open*. 2023 Sept.

Unpublished Research Study: Salari S, Abadi F. The Effect of Using the Internet on the Sleep Quality of Students at Faculty of Nursing, Fasa University of Medical Sciences in 1397 (Persian).

VII. Presentations:

1. Webinar Presentation of Primary Early Maladaptive Schemas in Shiraz University of Medical Sciences (2022)
2. Webinar Presentation of advanced Early Maladaptive Schemas in Shiraz University of Medical Sciences (2023)
3. Webinar Presentation of Existentialism and Logotherapy, Shiraz University of Medical Sciences, Shiraz, Iran (2024)

VIII. Research interests

1. Psychodrama/ Theater Therapy
2. Group Therapy/ Family Therapy
3. Children & Adolescents Psychiatric Care

IX. Language Skills

Persian
English