

# **Curriculum Vitae**



## **Personal Data**

First name: Fatemeh  
Family name: Eshghi  
Date of Birth: 1987  
Place of Birth: shiraz  
Nationality: Iranian  
Marital status: married

## **Work Address**

Nursing Department, School of Nursing and Midwifery  
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## **I. Education**

Years	Degree	Institution	Location
2009	Bachelor	KUMS	Kerman-Iran
2012	Master of Degree	KUMS	Kerman-Iran
2023	PhD	SBMU	Tehran-Iran

## **II. Professional experience**

Years	Position	Institution	Location
2010	nurse	Ghaem hospital	Firuzabad- Fars
2012	Faculty member	HUMS	Bandarabbas- Iran
2024	Faculty member	SUMS	Shiraz-Iran

### **III. Teaching experiences**

<b>Years</b>	<b>Course</b>	<b>University</b>	<b>Students</b>
2012-2017	Medical-surgical Nursing	HUMS	Nursing-Under graduate
2012-2017	Intensive Nursing	HUMS	Nursing-Under graduate
2012-2017	Pediatrics Nursing	HUMS	Nursing-Under graduate
2012-2017	Mother and child health nursing	HUMS	Nursing-Under graduate
2012-2017	Nursing in maternal /neonatal disorders	HUMS	Nursing-Under graduate
2012-2017	Neonatal resuscitation program	HUMS	Nursing-Under graduate
2012-2017	Neonatal resuscitation program	HUMS	midwifery and nursing personnel
2016-2017	Pediatric surgical technology	HUMS	Operating room - Under graduate
2015-2016	Mother and child health nursing	Islamic Azad University, Bandar Abbas Branch	Nursing-Under graduate
2015-2016	Nursing in maternal /neonatal disorders	Islamic Azad University, Bandar Abbas Branch	Nursing-Under graduate
2015-2016	Nursing Assistant Course and First Aid	Bandarabbas University Jihad	
2017-2023	Mother and child health nursing	SBMU	Nursing-Under graduate
2017-2023	Nursing in maternal /neonatal disorders	SBMU	Nursing-Under graduate
2017-2023	Neonatal resuscitation program	SBMU	Nursing-Under graduate
2024-Now	Medical-surgical Nursing	SUMS	Nursing-Under graduate

2024-Now	Personal and Community Health Internship	SUMS	Nursing-Under graduate
2024-Now	Personal and Family Health Internship	SUMS	Nursing-Under graduate
2024-Now	Healthy and sick child nursing internship	SUMS	Nursing-Under graduate
2024-Now	Healthy child Nursing	SUMS	Nursing-Under graduate
2024-Now	Sick child Nursing	SUMS	Nursing-Under graduate
2024-Now	Pediatric emergencies	SUMS	Nursing-Under graduate
2024-Now	Medical-surgical diseases	SUMS	Nursing-Under graduate
2024-Now	Pharmacology internship	SUMS	Nursing-Under graduate
2024-Now	Mother and baby surrogacy internship (emergency)	SUMS	Nursing-Under graduate
2024-Now	Hospital internship	SUMS	Nursing-Under graduate
2024-Now	Medical etiquette	SUMS	Medical professional doctoral students

#### **IV. Honors and Awards**

1. First-ranked undergraduate student
2. First-ranked master's student
3. Brilliantly talented student
4. First-ranked doctoral student

#### **V. Membership**

1. Head of the Student Research Committee, Faculty of Nursing – HUMS- 2013
2. Core member of the Young Researchers Student Committee – KUMS- 2008-2009
3. Member of the Center and active member of the Research Council of the Persian Gulf Mother and Child Research Center – HUMS- 2012-2017
4. Member of the Talent Office – KUMS- 2008-2012
5. Referee of the Medicine/ Surgery Department in the OSCE exam – Hazrat Fatima School of Nursing - SUMS – 2024 until now
6. Representative of the Department of Medicine /Surgery at EDO, Hazrat Fatima School of Nursing - SUMS – 2024 until now
7. Advisor in Student Scientific Association, Hazrat Fatima School of Nursing and Midwifery- SUMS – 2024 until now

#### **VI. Publications:**

##### **A. Dissertations**

1. Comparison of two methods of Yaxon and gentle touch on behavioral reactions of premature infants hospitalized in Aghzalipour Hospital, Kerman in 2011 - Master's thesis
2. Development and validation of defining characteristics of the nursing diagnosis of spiritual distress in parents of children with chronic illness: a mixed method study - PhD dissertation

##### **B. Articles**

1. Bahman Bijari B, Iranmanesh S, Eshghi F, Baneshi MR. Gentle Human Touch and Yakson: The Effect on Preterm' s Behavioral Reactions. International Scholarly Research Notices. 2012;2012(1):750363.
2. Motamed-Jahromi M, Jalali T, Eshghi F, Zaher H, Dehghani SL. Evaluation of professional autonomy and the association with individual factors among nurses in the Southeast of Iran. Journal of Nursing and Midwifery Sciences. 2015 Oct 1;2(4):37-42.
3. Eshghi F, Iranmanesh S, Bahman Bijari B, Borhani F, Motamed Jahromi M. Effects of Yakson Therapeutic Touch on the Behavioral Response of Premature Infants. Journal of Babol

University of Medical Sciences. 2015 Oct 10;17(10):15-21.

4. Motamed-Jahromi M, Eshghi F, Dadgar F, Nejadshadeghi E, Meshkani Z, Jalali T, Dehghani SL. The effect of team-based training through smartphone applications on nursing students' clinical skills and problem-solving ability.
5. Eshghi F, Nikfarid L, Zareiyan A. An integrative review of defining characteristic of the nursing diagnosis "spiritual distress". Nursing open. 2023 May;10(5):2831-41.
6. Eshghi F, Shirinabadi Farahani A, Zareiyan A. Content Validity of Defining Characteristics of the Nursing Diagnosis of. Evidence Based Care. 2023 Apr 1;13(1):15-24.
7. Eshghi F, Pourgholam N, Kianian T, Kashani M, Azami M. Innovative services in home health nursing: a scoping review protocol. BMJ open. 2024 Mar 1;14(3):e077174.
8. Eshghi F, Badri S, Bostani S, Rafati S, Hosseini M. Relationship between Caregivers' Beliefs about Medications and Medication Adherence in Children and Adolescents with Epilepsy. Advances in Nursing & Midwifery. 2023;32(3):23-9.
9. Eshghi F, Bostani S. The effect of gentle human touch on behavioral states in preterm infants. Journal of Preventive Medicine. 2019 Aug 10;6(1):9-3.
10. Bostani S, Eshghi F. Non-pharmacological strategies to reduce anxiety in nursing students: A review article. Journal of Preventive Medicine. 2018 Dec 10;5(2):64-53.
11. Eshghi F, Shirinabadi Farahani A, Zareiyan A. Clinical validation of "spiritual distress (00066)" in parents of children with chronic diseases. International Journal of Nursing Knowledge.

## C. Books

1. Guidelines for the use of medications in the neonatal intensive care unit- 1401, Rasoul Publisher.

## VII. Presentations in Congress

1. Bahman Bijari B, Iranmanesh S, Eshghi F, Baneshi MR. Gentle Human Touch and Yakson: The Effect on Preterm's Behavioral Reactions 2012 – Speech – Golestan – Fifth National Nursing Seminar
2. Bahman Bijari B, Iranmanesh S, Eshghi F, Baneshi MR. Gentle Human Touch and Yakson: The Effect on Preterm's Behavioral Reactions 2012 – Poster - Turkey - 3rd Congress of the European Academy of Pediatrics
3. Raziye Beigi Brujeni, Zahra Khademi, Fateme Eshghi, Simin Sudagar. Students' perceptions of the goals of student evaluation of the professor: A qualitative study – 2016 - Poster - Teacher Evaluation
4. Eshghi F, Nikfarid L, Zareiyan A. An integrative review of defining characteristic of the nursing diagnosis "spiritual distress" – 2023 - Speech - Hungary - 3rd International Congress of Nursing, Midwifery and Care
5. Eshghi F, Shirinabadi Farahani A, Zareiyan A. Content Validity of Defining Characteristics of the Nursing Diagnosis of "Spiritual Distress" – 2023- Speech - Hungary - 3rd International Congress of Nursing, Midwifery and Care
6. Sanaz Bostani, Mohadeseh Motamed-jahromi, Aleye Chach, Mohammad Hosein Taklif, Fateme Eshghi. The effect of face to face training of self-centered care on the happiness of patients with acute coronary syndrome – 2023- Speech - Hungary - 3rd International Congress of Nursing, Midwifery and Care
7. Eshghi F, Shirinabadi Farahani A, Zareiyan A. Clinical validation of "spiritual distress (00066)" in parents of children with chronic diseases – 2024 - Poster – Tehran – International Children's Congress
8. Fateme Eshghi, Zinat Mohebbi, Saman Saber, Majid Najafi Kalyani, Toktam Kianian. Challenges and barriers to the use of mHealth in the healthcare system: A scoping review – 2025- Poster – Shiraz – 6th International Mobile Health Congress

9. Fateme Eshghi , Zinat Mohebbi , Majid Najafi Kalyani , Toktam Kianian. Innovative services and their delivery approaches in the home health nursing services: A scoping review protocol – 2025- Poster – Shiraz – 6th International Mobile Health Congress

### **VIII. Thesis Supervision and Advisement**

<b>Years</b>	<b>Student</b>	<b>Title of Dissertation</b>	<b>Role</b>	<b>School/University</b>
2024	Alireza Alimohammadi	Clinical validation of defining characteristics of “Spiritual distress (00066)” nursing diagnosis in infertility couples in 2024	<b>Advisor</b>	SBMU
2024	Sara Beigzadeh	Validation and Accuracy of the Defining Characteristics of the Nursing Diagnosis “Ineffective Peripheral Tissue Perfusion” (00204) in Patients with Diabetic Foot in 2025 in Referred to the Infectious Clinic of Rasool Akram Hospital in Tehran	<b>Advisor</b>	SBMU

### **IX. Research interests**

Spirituality and Palliative Care  
 Validation of Nursing Diagnosis  
 Qualitative Studies  
 RCT Studies  
 Complementary Medicine  
 Massage Therapy

### **X. Language Skills**

English  
 Office Software  
 Endnote Software  
 SPSS Statistical Software