

Curriculum Vita



Personal Data

First name: **Shahpar**
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I. Education

Years	Degree	Institution	Location
2017-2022	PhD	Shiraz University of Medical science	Shiraz Iran
2008-2011	MSc of Nursing education	Shiraz University of Medical science	Shiraz Iran

II. Professional experience

Years	Position	Institution	Location
2011 - now	Faculty Member	Shiraz University of Medical sciences	School of Nursing and Midwifery
2009-2011	Nursing lecturer	Firozabad University	School of Nursing and Midwifery
2004-2010	nurse and educational supervisor	Shiraz University of Medical sciences	Mohrrary psychiatric Hospital

III. Teaching experiences

Years	Course	Students	University	College
2018 - now	Modern Techniques of teaching and learning	MSc of pediatric nursing	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2017-now	Complementary and alternative medicine	MSc of pediatric nursing	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2017 - now	Principles of Advanced Neonatal nursing Care ²	MSc of neonatal intensive care nursing	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2017 - now	The principles of pediatric nursing care ²	MSc of pediatric nursing	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2019 - now	Nursing theories	MSc pediatric students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2019 - now	Nursing theories	MSc of neonatal intensive care nursing	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2020 - now	Family development and health	MSc pediatric students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2020 - now	Nursing of children in Emergencies and crises	MSc pediatric students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2020 - now	Management and leadership theories in nursing	MSc of neonatal intensive care nursing	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2020 - now	Nursing process	MSc pediatric students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2011 - now	Children illnesses nursing	BSc nursing students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2011 - now	Healthy child nursing	BSc nursing students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2015 - now	Nosocomial infection control	BSc nursing students	Shiraz University of Medical sciences, Shiraz Iran	School of Nursing and Midwifery
2009-2011	Mental Health	BSc nursing students	Azad University	Firozabad
2009-2011	Psychiatric Nursing	BSc nursing students	Azad University	Firozabad
2009-2011	Psychology	BSc nursing students	Azad University	Firozabad

IV. Honors and Awards

1. Top educational process of Motahari educational festival in 2012, Shiraz University of Medical sciences, Shiraz Iran.
2. Top educational process of Motahari educational festival in 2015, Shiraz University of Medical sciences, Shiraz Iran.
3. First place of PhD students, 2017, School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran.
4. First place of MS students, 2011, School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran.
5. Top chosen Provincial Nurse of the year 2019- Deputy of Nursing/ Ministry of Health & Medical Education.
6. Top chosen National Nurse of the year 2024- Shiraz Nursing Organization/ Ministry of Health & Medical Education.
7. First place of Nursing teacher 2024- School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran.
8. Third place in the sports university festival 2024, Shiraz University of Medical sciences, Shiraz Iran.

V. Membership

1. Member of Community-based Psychiatric Care Research Center, Shiraz, Iran.
2. Member of Iranian Nursing Organization and International Council of nurses.

VI. Publications:

A. Dissertations

1. The Effect of Yoga on the Quality of Life in the Children and Adolescents with Hemophilia 2009.
2. Designing and evaluating of health improvement program in caregivers of patients with schizophrenia based on Watson' theory: a mixed method study2019

B. Articles

1. Bagheri, S., Zarshenas, L., Rakhshan, M. et al. Impact of Watson's human caring-based health promotion program on caregivers of individuals with schizophrenia. *BMC Health Serv Res* 23, 711 (2023). <https://doi.org/10.1186/s12913-023-09725-9>
2. Seddigh, S., Bagheri, S., Sharifi, N. et al. The effect of yoga therapy directed by virtual training on depression of adolescent girls with type 1 diabetes: a randomized controlled trial. *J Diabetes Metab Disord* 22, 1273–1281 (2023). <https://doi.org/10.1007/>
3. Derakhshanpour S, Akbarzadeh M, Bagheri S, Yazdanpanahi Z, Keshtvarz Hesam Abadi A. Spiritual health and experience of suffering in patients with HIV/ AIDS in Shiraz, Iran. *HIV & AIDS Review*. 2023;22(3):261-8. <https://doi.org/10.5114/hivar.2023.131618>
4. Jahromi, Mahdi Karimyar; Nick, Narjes; Bagheri, Shahpar; Kalyani, Majid Najafi. Simulation effect on medical sciences students' motivation: A systematic review study. *Journal of Education and Health Promotion* 13(1):163, May 2024. doi: 10.4103/jehp.jehp_393_23
5. Tavakol N, Molazem Z, Rakhshan M, Asemani O. Moral Distress in Iranian Psychiatric Nurses: A Content Analysis. *Iran J Psychiatry Behav Sci*. 2022;16(3): e121885. <https://doi.org/10.5812/ijpbs-121885>.
6. Bagheri, S., Mosallanezhad, M., Barzgar, F., & Amiri, A. The effect of spiritual education on anxiety, depression and glycemic control in type 2 diabetic patients: a randomized controlled study. *Family Medicine & Primary Care Review*, 23(3), 284-289. <https://doi.org/10.5114/fmPCR.2021.108190>
7. Hadian Shirazi, Z., Ghasemloo, H., Razavinejad, Seyyed Mostajab Razavinejad, Nasrin Sharifi & Shahpar Bagheri. The effect of training the fathers to support their wives on stress and self-efficacy in mothers of premature newborns hospitalized in NICU: a quasi-experimental study. *BMC Pregnancy Childbirth* 22, 102 (2022). <https://doi.org/10.1186/s12884-022-04413-8>
8. Rambod, M., Pasyar, N., Zarshenas, L., Bagheri, S., & Ramzi, M. (2022). Description and interpretation of the lived experience of hematopoietic stem cell transplantation, focusing on before, during, and after transplantation: A hermeneutic phenomenological approach. <https://doi.org/10.21203/rs.3.rs-1562324/v1>
9. Bagheri S, Ghobadimoghadam S. Safety and Health Protection of Health Care Workers during the COVID-19 Pandemic. *Int J Community Based Nursing and Midwifery* 2020; 8(4), 362-3. Doi: 10.30476/ijcbnm.2020.86066.1319
10. Torabizadeh K, Nick N, Vizeshfah F, Jamalimoghadam N, Bagheri S. Effectiveness of an Educational Intervention to Increase Human Papillomavirus Knowledge and Attitude in Staff and Nursing Students. *Journal of Community Health Nursing*. 2020; 37(4), 214–221. <https://doi.org/10.1080/07370016.2020.1809857>

11. Yazdanpanahi Z, Beygi Z, Bagheri S, Akbarzadeh M. An investigation into the correlation of marital adaptation with stress, anxiety, depression and sexual function and its components. *Fam Med Prim Care Rev* 2019; 21(3): 264–269. <https://doi.org/10.5114/fmPCR.2019.88386>
12. Bagheri S, Beheshtipoor N, Rambod M & et al. The Quality of Life of Children with Hemophilia. *Int J Community Based Nursing and Midwifery*. 2013; 1:110-20.
13. Beheshtipoor N, Bagheri S, Hashemi F& et al. The Effect of Yoga on the Quality of Life in the Children and Adolescents with Hemophilia. *Int J Community Based Nursing and Midwifery*. 2015; 3(2):150-5.
14. Bagheri S, Ghobadi Moghadam S, Parvaresh zamin H & et al. The Effect of communication skills training to nurses on the patients' satisfaction in Moharreri hospital, *journal of sepidpooshansabz*.2016; 46:101-111
15. Bagheri S, Ghobadi Moghadam S. Needs assessment in educational planning. *Journal of sepidpooshansabz*.2009;34: 34-38.
16. Bagheri S, The H1N1 influenza pandemic . *Journal of sepidpooshansabz*.2008;30: 1-10.

VII. Presentations in Congress

1. Poster title: Translation, cultural adaptation, and validation of the Caregiver Well-being Scale (CWBS) in Iranian Caregivers of Schizophrenia Patients: A methodological and cross-sectional study 2021. The 7th Research Student Congress of the Southwest region of the country. Shiraz University of Medical Sciences, Shiraz, Iran.
2. Poster title: Design and evaluation of health promotion program for caregivers of patients with schizophrenia 2021. The 1st international and 14th student conference on new health sciences of the country. Shiraz University of Medical Sciences, Shiraz, Iran.
3. Poster title: What are the effects of exercise trainings for musculoskeletal improving and rehabilitation in women with osteoporosis? The 9th international conference on Woman's Health. Shiraz University of Medical Sciences, Shiraz, Iran, 2020
4. Poster title: What is the anti-osteoporotic effects of herbal medicine in the woman? The 9th international conference on Woman's Health. Shiraz University of Medical Sciences, Shiraz, Iran, 2020.
5. Poster title: Adolescent mental health support during the COVID-19 pandemic. The 1st conference of health knowledge production, confronting covid-19 and governing the post-corona world. 2020-11-10 by Islamic Azad University of Najaf Abad.

6. Poster title: Health Protection of Health Workers during the COVID-19 Pandemic Proceeding of Online National Congress of Coronavirus (COVID-19) 8 September 2020 by Islamic Azad University of Sari.
7. Poster title: Mindfulness Meditation as a Self-Care Practice in Mothers of children with cerebral palsy, International Congress on Neuroscience, Shiraz University of Medical Sciences, Shiraz, Iran, 2018.
8. Poster title: Role of yoga in the Control of Epilepsy, International congress on Neuroscience, Shiraz University of Medical Sciences, Shiraz, Iran, 2018.
9. Poster title: The effect of Yoga on children with attention deficit hyperactivity disorder. 2nd Amirhakimi pediatric congress, Shiraz University of Medical Sciences, Shiraz, Iran, 2018.
10. Poster title: Can Yoga intervention improve the Quality of life of women with breast cancer? International seminar of health of woman, Shiraz University of Medical Sciences, Shiraz, Iran, 2015.
11. Poster title: Improvement of quality of life in elderly patients with schizophrenia in Shiraz psychiatric hospital with exercises program, congress of elderly and health, Shiraz University of Medical Sciences, Shiraz, Iran, 2013.
12. Poster title: single-parent family and its consequences, family health congress, Tehran University of Medical Sciences, Tehran, Iran, 2013.
13. Poster title: The Effect of communication skills training to nurses on the patients' satisfaction in Moharreri hospital, provincial seminar of best quality in communication with patients and community, Shiraz University of Medical Sciences, Shiraz, Iran, 2013.
14. Oral presentation: The Quality of Life of Children with Hemophilia. Pediatric hematology congress, Ahvaz University of medical Sciences, Ahvaz, Iran, 2012.
15. Oral presentation, complementary medicine workshop, title: "yoga", 10 times, Shiraz University of Medical Sciences, Shiraz, Iran, 2016 to now
16. Oral presentation, Infection control workshop, 20 times, Shiraz University of Medical Sciences, Shiraz, Iran, from 2015 to now
17. Oral presentation: Effect of Yoga on the Quality of Life in the Children and Adolescents with Hemophilia. International congress of hematology, Yasooj University of medical Sciences, Yasooj, Iran, 2015.
18. Oral presentation: Eeffect of self-care education intervention on the quality of life of mothers of children with hemophilia. Family-centered care seminar. school of nursing, Shiraz University of Medical Sciences, Shiraz, Iran, 2015.

VIII. Thesis Supervision and Advisement

Years	Student	Title of Dissertation	Role	School/University
2017-2019	Hamed Ghasemloo	The Impact of Spousal Support Education for Fathers on Stress and Self-efficacy of Mothers in Care of Premature Neonates Hospitalized in Neonatal Intensive Care Unit of Shiraz University of Medical Sciences 2017	Advisement	School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran
2019-2020	Sedigheh Seddigh	The effect of applying virtual yoga technique on depression amongst female adolescents with type 1 diabetes referring to Imam Reza (AS) clinic Shiraz 2019	Advisement	School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran
2020 - 2023	Zahra Sharifi	The effect of spiritual care training based on "Sound Heart" model on self-efficacy in care and caregivers' burden in mothers with leukemia children referring to Imam Reza (AS) clinic of Shiraz University of Medical Sciences- 2020	Advisement	School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran
2022- Up to now	Arman Sahraee	Investigating the predictive role of spiritual health, general health and family function on parental self-efficacy in caring for a child with leukemia referred to Imam Reza Clinic of Shiraz University of Medical Sciences, 2022 - 2023	Advisement	School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran
2022- Up to now	Fatemeh Tamadon	The effect of self-compassion training on chronic sorrow and applying coping strategies in mothers of children with cerebral palsy referred to Imam Reza clinic of Shiraz in 2022	Advisement	School of Nursing and Midwifery, Shiraz University of Medical sciences, Shiraz Iran

IX. Research interests

- 1- Mental health nursing,
- 2- Pediatrics nursing
- 3- Nursing theories,
- 4- Quality of life in health and illness,
- 5- Yoga and mindfulness.
- 6- Quantitative, qualitative and mixed methods research
- 7- Education and modern techniques of teaching and learning

X. Language Skills

English