

Curriculum Vita



Personal Data

First name: Azar
Family name: Nematollahi
Date of Birth: 8.9.1970
Place of Birth: Shiraz
Nationality: Iran
Marital status: Married

Work Address

Midwifery Department, School of Nursing and Midwifery
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I. Education

Years	Degree	Institution	Location
2021	Ph.D	Tehran University of Medical Sciences	Iran
2003	M.Sc	Tehran University of Medical Sciences	Iran
1393	B.Sc	Shiraz University of Medical Sciences	Iran

II. Professional experience

Years	Position	Institution	Location
2025- present	Vice-Chancellor for Research and Technology	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Iran
2022- 2024	Manager of the midwifery department	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Iran
2012-2017	Head of Maternal and Child Health Department	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Iran
2012-Present	Faculty member of Midwifery	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Iran
2005-2012	Instructor of Midwifery-contractual	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Iran
2004-2005	Instructor of Midwifery-Tuition	School of Nursing and Midwifery, Shiraz University of Medical Sciences	Iran
1997-1998	Instructor of Midwifery-contractual	School of Nursing and Midwifery, Hormozgan University of Medical Sciences	Iran
1993-1996	Midwife	Health center and hospital, Hormozgan University of Medical Sciences	Iran

III. Teaching experiences

Years	Course	University	Students
2006-present	Pediatrics disease	Shiraz University of Medical Sciences	B.Sc. students in midwifery
2007- present	Neonatal disease	Shiraz University of Medical Sciences	B.Sc. students in midwifery
2006- present	Community Health1	Shiraz University of Medical Sciences	B.Sc. students in midwifery
2010- present	Maternal and child health	Shiraz University of Medical Sciences	B.Sc. students in midwifery
2012- present	Pediatrics disease	Shiraz University of Medical Sciences	M.Sc. students in midwifery
2012- present	Neonatal disease	Shiraz University of Medical Sciences	M.Sc. students in midwifery

2021- present	Reproductive health (1)	Shiraz University of Medical Sciences	M.Sc. students in midwifery
2021- present	Reproductive health (4)	Shiraz University of Medical Sciences	M.Sc. students in midwifery
2021- present	Reproductive health(2)	Shiraz University of Medical Sciences	M.Sc. students in midwifery
2021- present	Physiopathology (3)	Shiraz University of Medical Sciences	B.Sc. students in midwifery
2021- present	Embryology and genetics	Shiraz University of Medical Sciences	M.Sc. students in midwifery
2021- present	Physiopathology in midwifery	Shiraz University of Medical Sciences	M.Sc. students in midwifery
2023–Present	Advanced Clinical Research Methods	Shiraz University of Medical Sciences	PhD. students in midwifery
2023–Present	Population and Childbearing	Shiraz University of Medical Sciences	M.Sc.& PhD students in midwifery
2024–Present	Neonates	Shiraz University of Medical Sciences	PhD students in midwifery
2024–Present	Evidence-Based Midwifery	Shiraz University of Medical Sciences	PhD students in midwifery

IV. Honors and Awards

1. The second rank among the graduates of the Master of Midwifery from Tehran University of Medical Sciences in 2003.
2. Distinguished midwife in World Midwives Day, Shiraz University of Medical Sciences, 2011
3. Participate in the development of the operational and executive plan of the community midwifery program in 2009.
4. Participation in the health assessment plan of Iranians over thirty in 2013
5. Exemplary Midwife on International Midwives' Day, Shiraz University of Medical Sciences, 2025

V. Membership

1. Membership of the Comprehensive Midwifery Examination Committee from 2008 to 2012.
2. Executive Scientific Member of the Congress of Professional promotion of Nursing and Midwifery: Challenges and Solutions in the Year 2011
3. Executive Scientific Member of the Congress of Pain Management in 2013.
4. Executive Scientific Member of Health Week 2009, 2012 and 2013.
5. Member of the Midwifery Association.
6. Member of Medical Council, Iran
7. The secretary of the self-evaluation committee of midwifery program in 1400
8. Member of the executive scientific committee of the conference on approaches to obstetrics and reproductive health in the direction of the youth of the population in 1401
9. Cultural consultant professor since 1401
10. Member, University Headquarters for Youth and Population, Shiraz University of Medical Sciences (2022–2024)
11. Postgraduate Representative (2024–Present)
12. Member, PhD in Midwifery Program Enhancement Committee (2024–Present)
13. Member, University Committee for the Promotion of Natural Childbirth (2024–Present)

VI. Publications:

A. Dissertations

1. Master Thesis: Assessing of the Quality of Life of Women with

Breast Cancer Referred to the Hospitals of Tehran University of Medical Sciences 2003.

2. Ph.D. Thesis: Assessing and exploring of the reproductive health's needs of transgenders with reassignment male to female: Design & evaluation of intervention 2021.

B. Articles

1. The Effect of Educational-Behavioral Intervention on Body Image and Sexual Satisfaction of Transgender Women: A Randomized Controlled Clinical Trial.

Authors: F Farnam, S Gharibzadeh, A Nematollahi, Journal of Sex & Marital Therapy, 2025: 51(1), 85-95

2. The midwifery clinical faculty model: An innovation in midwifery education in Iran

Authors: M Toosi, A Nematollahi, Z Rastegari, P Yadollahi, European Journal of Midwifery: 9, 10.18332/ejm/210326

3. The effect of mindfulness training on resilience and decision-making strategy in women with unwanted pregnancy (a quasi-experimental study)

Authors: ZA Faradonbe, M Toosi, P Ghaemmaghami, A Nematollahi BMC psychology, 2025: 14 (1), 20

4. The effect of self-care training programs on lifestyle and breast self-examination of immigrant Afghan women:

Authors: E Jafari, M Zarshenas, M Toosi, A Nematollahi, M Sayadi, Journal of Education and Health Promotion, 2023: 12, 1-7.

5. The Role of Community-based Health Services in Sexual and Reproductive Needs of Transgender People:

Authors: F Farnam, A Nematollahi, International Journal of Community Based Nursing and Midwifery, 2023: 11 (1), 69.

6. Sexual Behaviors and Vulnerability to Sexually Transmitted Infections among Transgender Women in Iran:

Authors: Farnaz Farnam, Azar Nematollahi¹, Safoora Gharibzadeh, Maryam Damghanian, BMC Women's Health, 2022: (170), 1-8

7. Quality of life and mental health in Iranian transgender women

Authors: A Nematollahi, F Farnam, M Damghanian, S Gharibzadeh, International Journal of Medical Toxicology and Forensic Medicine,

2022: 12 (1), 35133

8. Discrimination, violence, and suicide in transgender women in Iran
Authors: A Nematollahi, F Farnam, S Gharibzadeh, P Khoda-Khah
Health care for women international, 2022: 43 (7-8), 861-872

9. Comparison of the Quality of Life in Fertile and Infertile Women
Admitted to Shiraz's Healthcare Centers During 2017-2018,
Authors: Fatemeh Bagheri, Azar Nematollahi, Mehrab Sayadi, M
Akbarzadeh, Shiraz E-Medical Journal, 2021:1-6

10. The relationship between feeding patterns and growth of infants up
to 6 months:
Authors: A Nematollahi, SA Amouei, F Vaziri, R Janghorban, Sri
Lanka Journal of Child Health, 2020: 49 (2), 132-139

11. The effect of self-care education regarding high-risk behaviors of
acquired immune deficiency syndrome and smoking on knowledge and
attitude of adolescent girls: An experimental study to health promotion:
Authors: F Borandegi, F Rahmanian, Z Yazdanpanahi, A Nematollahi,
Journal of education and health promotion, 2020; 9: 7.

12. The effect of two-staged warm compress on the pain duration of
first and second labor stages and apgar score in prim gravida women: a
randomized clinical trial
Authors: M Akbarzadeh, A Nematollahi, M Farahmand, S Amooee
Journal of caring sciences, 2018:7 (1), 21

13. The Relationship between Self-Esteem and Students' Academic
Achievement and Some Parental Demographic Factors.
Authors: M Akbarzadeh, Azar Nematollahi, Pouran Tavakoli
Scholars Journal of Applied Medical Sciences (SJAMS), 2017: 5 (5A),
1758-1764

14. Comparison of the effects of attachment and relaxation instruction
on the third trimester depression and post-partum blues
Authors: M Akbarzade, B Rafiee, N Asadi, A Nematollahi, M Taheri
Nepal Journal of Obstetrics and Gynaecology, 2017: 12 (1), 17-2

15. Investigating the correlation between unwanted pregnancy and
behavioral problems in children
Authors: M Banaei, K Kamali, A Pormehr-Yabandeh, A Nematollahi,
Pharmacophore, 2017: 8 ((6S)

16. Relaxation Therapy on Fetal Outcomes in Complicated Pregnancies Suffering Sleep Disorders: A Randomized Clinical Trial

Authors: A Nematollahi, F Vaziri, N Asadi, M Doracvandi, M Sayadi
Journal of Health Sciences & Surveillance System, 2016: 4 (4), 199-204

17. Vitamin D deficiency and recurrent pregnancy loss in Iranian women:

Authors: N Ghaedi, S Forouhari, J Zolghadri, M Sayadi, A Nematollahi, K Khademi, Glob. Adv. Res. J. Medic. Med. Sc, 2016: 5 (6), 194-198

18. A Study on Vitamin D Condition in Infertile Women in Shiraz during 2014:

Authors: Bahar Morshed Behbahani¹, Azam joker, Mohammad Ebrahim Parsanezhad, Mohammad Hossein Dabbaghmanesh , Leila doryanizadeh , Azar Nematolahi , Alireza hekmat. Scholars Journal of Applied Medical Sciences (SJAMS), 2016: 4 ((1A)), 28-33.

19. Original Research Article, A study on quality of life in the breast cancer patients in Tehran:

Authors: A Nematollahi, M MohammadAli, Z Montaseri, ZY Panahi, B Morshed, Scholars Journal of Applied Medical Sciences (SJAMS), 2016: 4 ((2C)), 520-525

20. Insensitivity to pain due to Genetic Mutation:

Authors: Z Montaseri, M Rahimian, Q Sobhani, F Gheidar, A Nematollahi, Hormozgan Medical Journal, 2014: 18 (4), 337-345

21. Continuous evaluation of midwives as to professional standards

Authors: Z Yazdanpanahi, A Nematollahi, H Foghaha, S Haghpanah.
Journal of Advances in Medical Education & Professionalism, 2013: 1 (3), 100-103

22. 1893 Sexual Abused in Child

Authors: A Nematollahi, Z Montaseri, Z Yazdanpanahi
Archives of Disease in Childhood 97 (Suppl 2), 2012: A534-A534

23. 1722 Metabolic Syndrom: Birth Weight and Childhood Obesity

Authors: Z Yazdanpanahi, M Hajifoghaha, A Nematollahi
Archives of Disease in Childhood 97 (Suppl 2), 2012: A486-A487

24. Prevention and management of osteoprosis in postmenopausal

wommen.

Authors: A Nematollahi, Z Montaseri, Z Yazdanpanahi
Osteoprosis International, 2010: 21, S755-S756

25. Genetic mutations that prevent pain in children

Authors: Z Montaseri, A Nematollahi, R Jan Ghorban
Genetics in the 3rd millennium, 2008: 6 (3), 1433-1433

26. عوامل خطر میگرن و ارتباط آن با سکتۀ مغزی در زنان

زهره منتصری، محمد نبی رحیمیان، آذر نعمت الهی، فاطمه قیدر، زینب مشفق
فصلنامه دنا، 1390: 5 (1,2)، 85-

C. Books

1.

VII. Presentations in Congress

1. Evaluation of Quality of Life in Women with Breast Cancer,
Hematology-Oncology Congress, Shiraz - Iran, 2005, Poster.

2. The relationship between obesity and endometrial cancer, Congress of
obesity and its related diseases, Shiraz - Iran, 2006, poster.

3. Factors Affecting the Quality of Life of Obese Patients, Congress of
Obesity and Related Diseases, Shiraz - Iran, 2006, Poster.

4. Metabolic syndrome in children and its relationship with obesity,
Congress of obesity and its related diseases, Shiraz - Iran, year 2006,
poster

5. Obesity and Congenital Anomalies, Congress of Obesity and Related
Diseases, Shiraz - Iran, Year 2006, Poster.

6. Risk Factors Affecting Pregnancy Outcome in Women Prisoners,
High-Risk Pregnancy Congress, Isfahan-Iran, 2006, oral presentation.

7. Management and Treatment of Epilepsy in Pregnancy, Congress of
Epilepsy, Tehran-Iran, 2007, Poster.

8. New Perspectives on the Perspective of Cardiovascular Complications
after Preeclampsia Syndrome, National Conference on New Ideas in
Nursing and Midwifery, Yasuj - Iran, 2008, Poster.

9. A Study of Psycho-Social Issues in Women with Breast Cancer, First International Congress of Gynecological Cancers, Mashhad-Iran, 2008, Poster.
10. Study of mortality and morbidity factors in adolescents, Adolescent Health Congress, Shiraz-Iran, 2008, poster.
11. Thinking Management A Safe Way to Overcome Adolescence Problems, Adolescent Health Congress, Shiraz-Iran, 2008, Poster.
12. Behavioral problems or communication problems of high school classmates, Adolescent Health Congress, Shiraz-Iran, 2008, poster.
13. Suicide in adolescents, Adolescent Health Congress, Shiraz-Iran, 2008, poster.
14. Epilepsy in the Elderly: Problems of Diagnosis, Treatment and Nursing Care, Elderly Congress, Isfahan-Iran, 2008, Poster.
15. The Role of Proper Nutrition and Physical Activity in Children's Health, 7th National Conference on Pediatric Nursing, Tehran-Iran, 2009, Poster.
16. Jewelry Therapy in Pediatrics, 7th National Conference on Pediatric Nursing, Tehran-Iran, 2009, Poster.
17. Children who do not experience pain, 9th Congress of Pediatric Nursing Conference, Bandar Abbas - Iran, 2009, poster.
18. The effect of end stage renal disease and hemodialysis on men fertility 16th congress of Iranian society for reproductive medicine, shiraz- Iran 3-5 march 2010, Poster.
19. The effect of gemstone therapy in fertility problems among women and men 16th congress of Iranian society for reproductive medicine shiraz - Iran 3-5 march 2010, Poster.
20. The Relationship between Delivery Method and Some Respiratory Disorders in Childhood and Adolescence, First National Congress of Intensive Care in Infants and Children, Mashhad- Iran, 2010, Poster.
21. Assessing the Barriers to Playing the Real Role of Midwifery and Providing Strategies, Nursing and Midwifery Professional Promotion Congress: Challenges and Solutions, Shiraz-Iran, 2011, Poster.

22. Violence against Nurses, Nursing and Midwifery Professional Promotion Congress: Challenges and Solutions, Shiraz-Iran, 2011, Poster.
23. Physical activity and exercise in asthma, 8th biennial congress of Iranian Asthma and Allergy Association, Shiraz-Iran, 2011, poster.
24. Nursing discharge education for patients with heart failure, 6th middle east cardiovascular congress, UAE-Dubai, 2012, poster.
25. Congenital heart disease and management in pregnancy, 6th Middle East cardiovascular congress, UAE-Dubai, 2012, poster.
26. Cardiopulmonary resuscitation in pregnancy, 6th Middle East cardiovascular congress, UAE-Dubai, 2012, poster.
27. AIDS and reasons of appearance of seizures and epilepsy arising From it in children, Pediatric neurology, Zanjan- Iran, 2012, Poster.
28. Sexual abused in children, EAPS CONGRESS, Istanbul, 2012, Poster.
29. Metabolic syndrome, birth weight and childhood obesity, EAPS CONGRESS, Istanbul, 2012, Poster.
30. Nonpharmacologic relief of pain during labor, Pain Management Congress, Shiraz-Iran, 2013, poster.
31. Pain-inducing drugs, Pain Management Congress, Shiraz-Iran, 2013, Poster
32. Massage Therapy is a Way to Promote Neonatal Growth and Development, Pain Management Congress, Shiraz-Iran, 2013, Poster.
33. Systematic Review of Labor Pain and Hypnosis, Pain Management Congress, Shiraz-Iran, 2013, Poster.
34. The relationship between maternal anemia and pregnancy outcome, Congress of Reproductive Health Education and Counseling, Mashhad - Iran, 2014, poster.
35. Birth weight and risk of heart disease in adulthood, Congress of

Education and Counseling in Reproductive Health, Mashhad - Iran, 2014, Poster

36. Serum level of vitamin D and relation with some factors in women with pregnancy loss history, Congress of Reproductive Health Education and Counseling, Mashhad-Iran, 2014, Poster.

37. Family and High-Risk Behaviors in Adolescence, Family-Based Care Congress, 2015, Shiraz - Iran, Poster.

38. Systematic review of exercise and some breast cancer outcomes, National congress on exercise and cancer, 28-29-jan2016. Kish island-Iran, Poster.

39. Investigation of reproductive and sexual health needs of transgender women, National Congress of Sexual-Reproductive Health and Consultation in Midwifery, Gorgan-Iran, and year 2022, oral presentation

40- Quality of life and mental health in Iranian transgender women, National Congress of Sexual-Reproductive Health and Consultation in Midwifery, Gorgan-Iran, year 2022, oral presentation

41- The impact of self-care education regarding high-risk behaviors associated with AIDS and smoking on the awareness and attitudes of adolescent girls; International Conference on Women's Health, Shiraz, Iran; Poster; 2024.

42- Investigating the impact of self-care educational programs on lifestyle changes and breast self-examination practices among Afghan migrant women; International Conference on Women's Health, Shiraz, Iran; Poster; 2024.

43- Investigating the impact of the presence of trained fathers in the delivery room on maternal-infant attachment and attitudes toward childbearing among first-time mothers: A quasi-experimental study; International Conference on Women's Health, Shiraz, Iran; Poster; 2025.

44- Investigating the relationship between attitudes, awareness, and practices of reproductive health service providers regarding childbearing counseling; International Conference on Women's Health, Shiraz, Iran; Poster; 2025.

45- The effect of foot reflexology with violet oil on pain and fatigue in mothers following cesarean section: A randomized clinical trial;
International Conference on Women's Health, Shiraz, Iran; Poster; 2025.

VIII. Thesis Supervision and Advisement

Years	Student	Title of Dissertation	Role	School/University
2012	Neda Ghaedi	Determination of serum levels of vitamin D and Its relationship with some factors in women with a history of recurrent miscarriage	Advisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences
2012	Mona Durak Wandy	The effect of relaxation technique on fetal outcomes in high-risk pregnant women with sleep-disordered breathing	Advisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences
2017	Saadat Amouei	The relationship between feeding patterns with growth and development of infants up to 6 months in infants who were referred to health centers in city Jam in 2016-2017	Supervisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences
2017	orogh Borandegi	The effect of Self-care education in the field of Healthy Nutrition, Physical Activity and High Risk Behavior on the level of knowledge and attitude of adolescent girls in Third Grade of First high school in Isfahan 2017	Supervisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences
2017	atemeh Bagheri	Comparison of quality of life, level of domestic violence and some factors related to domestic violence between fertile and infertile women referring to health centers in Shiraz in 2017	Supervisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences
2017	Elaha jafary	Evaluation of impact of self-protective educational programs on changing	Supervisor	School of Nursing & Midwifery/ Shiraz University of Medical

		lifestyle and performing breast self-examination in Afghan immigrant women referred to medical clinics in Shiraz city at (2018).		Sciences
2022	Fatemeh Parvin	Investigating the effect of couple relationship enrichment training based on 20Enrich model on marital satisfaction and motivation to have children in couples referring to clinics in Sanandaj city in 2022-2023	Supervisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences
2022	Zahra Alikhani faradonbeh	The effect of mindfulness training on resilience and decision-making for the continuation of pregnancy in women with unwanted pregnancy referring to the health centers affiliated to Shiraz University of Medical Sciences 2022-2023	Supervisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences
2021	Fereshteh kazemi khorani	Investigating the relationship between attitude and knowledge and performance of fertility service providers regarding childbearing counseling in Shiraz health centers in 2021	Advisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences
2023	Sakineh kafee	Investigating the effect of the presence of trained fathers in the delivery room on the mother's attachment to the baby and the attitude towards childbearing in primiparous mothers who referred to the Shahid Ganji hospital maternity ward in 2023	Supervisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences
2023	Shadi zare	The effect of hope-oriented education on attitudes toward childbearing and parenting styles among women employed at selected centers	Advisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences

		of Shiraz University of Medical Sciences (2023–2024)		
2024	Razieh Farahani-Rad	Investigating the impact of sexual health education on sexual function and quality of life among women with endometriosis and their spouses at the Avicenna Infertility and Recurrent Miscarriage Treatment Center, Tehran	Advisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences
2025	Mah-Manzar Mardani	Investigating the impact of social media-based education on sexual self-care and sexual assertiveness among midwives working in health centers affiliated with Shiraz University of Medical Sciences	Supervisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences
2025	Fatemeh Ghavi	Evaluation of the comprehensive midwifery examination and strategies for improvement: A mixed-methods study	Supervisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences
2025	Zahra Moradi	Investigating the effect of the presence of a companion midwife on fear of childbirth, childbirth satisfaction, and the desire for childbearing among pregnant women visiting selected hospitals affiliated with Shiraz University of Medical Sciences: A clinical trial	Advisor	School of Nursing & Midwifery/ Shiraz University of Medical Sciences

IX. Research interests

1. Reproductive health
2. Sexual health: Sexual issues in couples and different age groups
3. Maternal and child health

X. Language Skills

English: Speaking and writing moderately, good reading