

Curriculum Vita



Personal Data

First name: Zahra
Family name: Rastegari
Place of Birth: Shiraz
Nationality: Iranian
Marital status: Married

Work Address

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I. Education

Years	Degree	Institution	Location
1998	BS	Nursing and midwifery School	Isfahan
2006	MS	Nursing and midwifery school	Isfahan
2019	Ph.D	Nursing and midwifery School	Isfahan

II. Professional experience

Years	Position	Institution	Location
1998-2007	Midwife	Hospital	shiraz
2007-2020	instructor	Nursing and midwifery school	shiraz
2020---	Assistant professor	Nursing and midwifery school	shiraz

III. Teaching experiences

Years	Course	University	Students
2007-2019	Gynecology Maternal and child health	Nursing and midwifery school shiraz	BS nursing BS Midwifery BS EMT
2019- ----	Gynecology Maternal and child health OB Management principle Sexology Neonate principle Models and theories in Midwifery	Nursing and midwifery school shiraz	BS nursing BS Midwifery BS EMT MS Midwifery MS Nursing

IV. Honors and Awards

- Distinguished midwife in world midwives day, shiraz university of medical sciences, shiraz, Iran, 1998
- Distinguished midwife in world midwives day, shiraz university of medical sciences, shiraz, Iran 2008
- Distinguished midwife in world midwives day, shiraz university of medical sciences, shiraz, Iran at 2014

V. Membership

Member of the Neonatal Resuscitation Committee (2010-2014)

Member of the Research Council of the School of Nursing since 2012

Member of editorial board , International journal of community based nursing and midwifery

VI. Publications:

A. Dissertations

1. MS Thesis: Type of fat distribution and its related among menopause women.
2. PhD. thesis : developing home care program for health promotion women with preeclampsia

Articles

- 1- Type of body fat distribution in postmenopausal women and its related factors. Iranian Journal of Nursing and Midwifery Research Jan 2010
- 2- Socioeconomic and reproductive determinants of waist-hip ratio index in menopausal women Journal of midlife health 2017

Jun

- 3- A comprehensive home-care program for health promotion of mothers with preeclampsia: protocol for a mixed method study
Reproductive Health 2019
- 4- A comprehensive home-care program for health promotion of mothers with preeclampsia: protocol for a mixed method study
Reproductive Health 2019

B. Books in translating

1. Managing menopause

VII. Presentations in Congress

1. Evaluation of post-traumatic stress symptoms after birth-2011
2. Evaluation of health indicators of infants born to mothers with high-risk pregnancies-2011
3. Pregnancy diagnosis using technology of gold particles-2010
4. Investigation of affect ART on outcome fertility -2010
5. Usage of supersedeing or surrogate mother in among medical technologies-2010
6. The determination of group streptococcus in the rectovaginal of pregnant women who referred to the health centers of shiraz medical sciences university in 2011
7. Investigation of barriers to infertility treatment- 2012
8. Challenges of home visit for women with high risk pregnancy : A qualitative study-2019
9. A Comprehensive Home-Care Program for Health Promotion of Mothers with high risk pregnancy : A Mixed Method Study-2019
- 10.Challenges of home visit for women with high risk pregnancy : a qualitative study-2019
11. Investigating the Necessity of Ethical Evaluation of New Reproductive Methods in Iran
12. Investigating the role of competency-based approach in clinical education of midwifery students

13. Studying the epidemiologic characteristics of patients with asthma from Yasuj city
14. Lowering cholesterol with therapeutic life style change-2013
15. Explaining the innovation strategy in promoting clinical education of nursing and midwifery students-2013
16. Use of nutritional approaches in controlling chronic pain-2013
17. Gender Injustice in the Health System-2013
18. Investigating the role of documentation in safer clinical skills-2009
19. Investigation of high-risk pregnancies referred to public maternity hospitals in Shiraz-2009
20. The evaluation of high risk pregnancies at maternity hospital-2009
21. Consequences of oxygen concentration in premature infants during-2009
22. Long-term care insurance for the elderly-2008
23. A review of the type of body fat distribution in postmenopausal women-2008
24. The investigation of knowledge and attitude first years students about role food and environment factors in the prevention of cancer-2010
25. Evaluating the effect of exercise on infertility-2009
26. Evaluating the effect of exercise on infertility-2009
27. Finally, the study of labor in nulliparous women referred to the latent phase of labor-2009

VIII. Thesis Supervision and Advisement

Years	Student	Title of Dissertation	Role	School/University
2021		Investigating the prevalence of domestic violence against married men and some of the factors affecting during the covid epidemic	Advisor	Nursing and midwifery school shiraz
2020		Evaluation of attitude and knowledge of women of reproductive age about covid 19 and its relationship with anxiety and quality of sexual life in patients referred to health centers in Baft city of Kerman province in	Advisor	Nursing and midwifery school shiraz

		The relationship between quality of life and personality type of students with the severity of the clinical picture of premenstrual syndrome in Shiraz University of Medical Sciences 2016	Supervisor	Nursing and midwifery school shiraz
		Investigating the factors affecting access to reproductive health services in married adolescent women	Supervisor	Nursing and midwifery school shiraz
		The effect of plantar reflexology with violet oil on fatigue and pain after cesarean section	Advisor	Nursing and midwifery school shiraz

IX. Research interests

Menopause and health challenges

Home visit

High risk pregnancy

Education and training during covid -19 pandemic

X. Language Skills

English proficiency in reading, writing, speaking